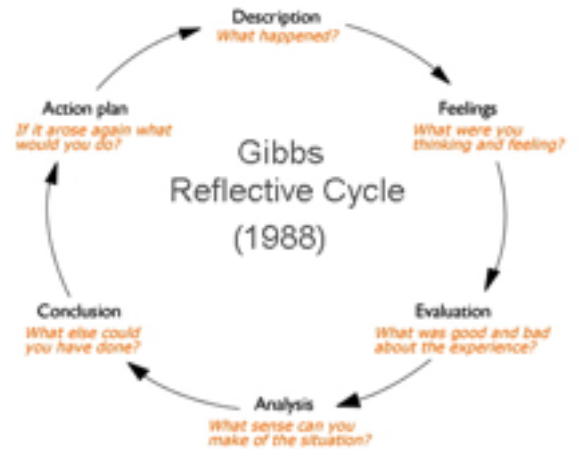


REFLECTIVE JOURNAL

using Gibbs reflective cycle (1988)



<p>What was the critical incident?</p>	
<p>Describe this incident - What happened? - What did you see?</p>	
<p>How did you feel during the incident?</p>	
<p>What was good / bad about your experience of the incident?</p>	
<p>What sense can you make of the situation (including wider reading / theory)?</p>	
<p>How might you tackle the situation differently should it occur again?</p>	